



12-16 Gemstone Drive, Birchville
Upper Hutt 5018
www.birchville.school.nz
Phone: (04) 526 7128

Kia ora whānau

Kei te pēhea koe?

How are you all doing out there?

As teachers we are nearing the end of our first week in isolation and we are into the first week of school holidays. You all will have been at it a little longer than some of us and for some not at all if you are an essential worker.

Kia ora to those that are still needing to work daily to keep the rest of us safe.

I have loved seeing some of the pictures and messages that have been posted on various sites. Please keep this up so that we can all maintain contact.

If you need support of any sort please reach out. You can private message me and I will do whatever I can to help.

One of my highlights has been seeing the bears around our communities when I went out on a grocery run for our extended whānau here in UH. If you've not visited the website or Facebook page, it's well worth it, just for a smile. My driveway is too long with no windows in view, so I popped this sign on our gate :)

https://www.bearhunt.co.nz/?fbclid=IwAR0bsOYQQaE6x1XcPYpiiQJ2_3xD89WVlJztijm0o9cnMblviafDldoZKIQ

Here are a few links if you are needing support:

Financial:

<https://www.workandincome.govt.nz/products/a-z-benefits/temporary-additional-support.html>

<https://www.govt.nz/browse/health/financial-help/>

Emotional:

www.allright.org.nz

Kidsline 0800 57 37 54

Life Line: 24/7 0508 828 865

<https://www.strengthtostrength.co.nz/>

<https://mindhealth.org/>

<https://www.facebook.com/nathanwallisxfactorededucation/>

<https://www.health.govt.nz/our-work/diseases-and-conditions/covid-19-novel-coronavirus/covid-19-novel-coronavirus-health-advice-general-public/covid-19-wellbeing-alert-level-4>

Here is a link to the government's Covid 19 site.

<https://covid19.govt.nz/>

Remember to stay connected, stay at home and try to stay as positive as possible.

Ngā mihi nui koutou

Robyn